Smart Foundations Training
May 7 & 8, 2020
Dakota Lodge
1200 Stassen Lane
West St. Paul, MN

SMART is a full body, multi-sensory, treatment designed specifically for children and adolescents impacted by experiences of Developmental Trauma. SMART utilizes a dynamic, flexible, child-led approach that weaves three key targets: Regulation, Attachment-building, and Trauma Processing, without relying on language as an entry point for engagement. By providing opportunities for fully embodied play and self-exploration, SMART supports children and adolescents in becoming more organized, flexible, expressive, and able to engage effectively in the present moment. Caregivers are also an integral part of the treatment process and are able to learn these strategies to increase their ability to be present and grounded while caring for their children.

Presenters: Anne Westcott, LICSW SMART Developer and Author and Amie Sommers PPLC, Minneapolis SMART clinician

Rates: Individual $415, Group (3+) $350, Early Bird (prior to 4/9/2020) $375

Register at smartmovespartners.com | Individual Registration Here | Groups Registration Here

Contact: Anne Westcott: awestcott@SMARTMovesPartners.com, Amie Summers: amie@organicintelligence.org

Consultation Post-Training: SMARTMoves, LLC provides Training and Consultation in the implementation of this unique and innovative treatment approach. Consultation is available remotely for teams and individuals utilizing case presentation, video review, and skill building to integrate learning, increase retention of skills and generalize to clinical practice.